

Daily Lesson Plan For Preparatory & Senior Preparatory Class

7:30 – 9:00

-Before School Program-

Activity Time & Free Play: Lego, Blocks, Colouring, Activities, Songs, Etc.

9:00 - 9:15

National Anthem (English & French), Good Morning Song

Circle Time – calendar, weather, theme of the week, public speaking, etc

9:15 – 9:40

Washroom Time & Snack Time

9:40 – 10:00

French Lessons

10:00 – 10:40

Outdoors

Children will participate in a warm up (Stretching, easy movement) followed by various activities (strength, endurance) and then games or activities that promote a particular skill

10:40 - 12:00

Montessori Work Period-

Children will work at their own pace with the language, math, sensorial and practical life activities as well as with their workbooks and worksheets.

12:00 - 1:00

Supervised Lunch & Free Play Activities

1:00 - 1:30

Outdoors

1:30 - 3:00

-Montessori Work Period-

Children will continue to work at their own pace with the language, math, sensorial and practical life activities as well as with their workbooks and worksheets.

3:00 - 3:30

Washroom Time & Snack time

3:30 - 4:00

-Art, Music, Storytelling, Closing Discussions for the Day-

4:00 – 6:00

-After School Program-

Activity Time & Free Play: Lego, Blocks, Colouring, Activities, Songs, Etc.